

Taste of Asia



5 Must-Try Dishes for Your Culinary Adventure

Dish #1: Taiwan



Beef Noodle Soup



Why Try It:

Warm your soul with a comforting bowl of Taiwanese Beef Noodle Soup. This iconic dish features tender beef, chewy noodles, and a rich, flavorful broth. It's a staple in Taiwanese cuisine and a must-try for any foodie visiting the island.

Where To Find It:

Head to a local night market or a traditional restaurant to savor the authentic flavors of this beloved dish.



Dish #2: Thailand



Why Try It:

Spice up your culinary adventure with Khao Soi, a flavorful Northern Thai curry noodle soup. This dish features a rich coconut curry broth, tender meat, and both soft egg noodles and crispy fried noodles for a delightful textural contrast. It's a must-try for any foodie exploring Thailand's diverse regional cuisines.



Where To Find It:

Khao Soi is a specialty of Northern Thailand, particularly in Chiang Mai. Seek out local restaurants or street food stalls for the most authentic flavors.

Dish #3: The Philippines



Lumpia

Why Try It:

Crispy, savory, and oh-so-satisfying, Lumpia is a Filipino favorite you won't want to miss. These flavorful spring rolls are filled with a delicious mixture of ground meat, vegetables, and spices, then deep-fried to golden perfection. Dip them in a tangy sauce and enjoy!



Where To Find It:

Lumpia is a ubiquitous street food in the Philippines, found at markets, food stalls, and even restaurants. Look for vendors with fresh ingredients and a long line of eager customers.

Dish #4: South Korea



Why Try It:

Spice up your taste buds with Tteokbokki, a popular Korean street food dish. These chewy rice cakes are coated in a fiery gochujang sauce, creating a delicious combination of sweet, spicy, and savory flavors. It's a must-try for any adventurous foodie.



Where To Find It:

Tteokbokki is a staple at street food stalls and markets throughout South Korea. Look for vendors with long lines and let your nose be your guide for the most authentic experience.

Dish #5: Japan



Why Try It:

Experience the fun and interactive dining experience of Okonomiyaki, a savory Japanese pancake. This customizable dish is cooked on a hot griddle and topped with a variety of ingredients, from cabbage and meat to seafood and cheese. It's a delicious and customizable meal that's perfect for sharing.



Where To Find It:

Okonomiyaki restaurants are popular throughout Japan, especially in Osaka, where the dish originated. Many restaurants offer a "cook-it-yourself" option, allowing you to customize your pancake and enjoy the interactive experience.

Thanks for checking out our free guide to 5 must-try foods you can find in Asia!

We hope this culinary journey through Asia has your taste buds tingling! 😋 Ready to embark on a foodie adventure and savor the authentic flavors of these incredible destinations?

Whether you're just starting to dream, have a vague idea, or are ready to pack your bags NOW, we're here to help you plan the perfect culinary escape. Fill out our super easy trip request form, and let's make those travel dreams a reality! ✨

[Get Started Today!!](#)

Sincerely,

Shana & Brittany

SERENITY & BLISS TRAVELS

